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WEBSITES, PORTFOLIOS, PROFILES

- ORCID: 0000-0001-5678-0841
- <https://scholar.google.com/citations?hl=en&user=et32f8QAAAAJ>
- <https://www.scopus.com/authid/detail.uri?authorId=57207305722>
- <https://www.linkedin.com/in/ahmed-elshinawy-14797280/>

AHMED M. ELSHINNAWY

Vice Dean For Education And Student Affairs, Faculty Of
Physical Therapy, Merit University

PROFESSIONAL SUMMARY

Dedicated Associate Professor and experienced physical therapist with over 20 years of clinical and academic experience in the rehabilitation of neurological disorders. Specialized in osteopathic manual therapy, with a professional diploma from the International Academy of Osteopathy in Belgium, integrating osteopathic principles in musculoskeletal and neurological rehabilitation. Proven leadership as Vice Dean and Head of Department, with active roles in curriculum development, student training, quality assurance, and internal audits. Extensive clinical experience in outpatient rehabilitation. Recognized for contributions to research in stroke rehabilitation, kinesiology taping, neurodynamic, and diabetic neuropathy, with multiple international publications.

PERSONAL INFORMATION

- Date of Birth: 09/30/80
- Gender: Male
- Nationality: Egyptian
- Marital Status: Married with two children

EDUCATION

Ph.D., Physical Therapy

Cairo University,

January 2015

Thesis: Specific Sensory Motor Exercise Program versus Task Specific Training on Balance in Stroke Patients

M.Sc., Physical Therapy

Cairo University,

January 2008

Thesis: Moment changes of lower limb during gait in stroke patients

Diploma, Osteopathy

The International Academy of Osteopathy, Belgium

January 2022

Thesis: Effect of Lumbar Manipulation on Patellofemoral Pain Syndrome in Correlation with Low Back Pain

B.Sc., Physical Therapy

October 6 University,

January 2001

SKILLS

- Hard worker
- Co-operative
- Accept criticism
- Fast learner
- Faculty collaboration
- Curriculum development
- Active
- Motivated
- Leadership ability
- Mentoring students
- Academic research
- Public speaking

WORK HISTORY

October 2024 - Current

Merit University - Assistant Professor, Sohag

- Acting Vice Dean for Education and Student Affairs

September 2023 - September 2024

Horus University - Assistant Professor, New Damietta

November 2010 - Current

Elshinnawy Center for Physical Therapy - Owner, Faisl

January 2015 - August 2023

Modern University for Technology and Information - Lecturer, Cairo

January 2008 - January 2015

October 6 University - Assistant Lecturer, Cairo

May 2007 - October 2010

Dar El-Mona for Rehabilitation

January 2002 - January 2008

October 6 University - Demonstrator, Cairo

July 2005 - July 2007

Elagouza rehabilitation center for Military crevice

September 2003 - September 2004

Misr El-gdida hospital for army forces

July 2002 - July 2004

El-jasmine center

Ibn Syna center

August 2001 - June 2002

AFFILIATIONS

- Member of the Council of Faculty of Physical Therapy, Modern university for Technology and Information from 2017 till 2023 and at Faculty of Physical Therapy – Horus University from 2023 till now.
 - Secretary of the Council of Faculty of Physical Therapy, Modern university for Technology and Information from 12/10/2016 till 10/9/2017.
 - Head of department for physical therapy for women health Modern university for Technology and Information from 14/12/2016 till 10/9/2017.
 - Head of department for physical therapy for pediatric disorders and its surgery, Modern university for Technology and Information from 12/2/2018 till 7/9/2018.
 - Head of department for physical therapy for neurological disorders and its surgery, Modern university for Technology and Information from 14/12/2016 till 2023 and at Faculty of Physical Therapy – Horus University from 2023 till now.
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EXAM ORGANIZATION

- A member of the control for undergraduate's students in Faculty of Physical Therapy, Modern university for Technology and Information 2015 till 2017 and for first level at Faculty of Physical Therapy – Horus University from 2023 till now.
 - Head of the exams organization team for undergraduate's students in Physical Therapy Department for Neurological disorder and its surgery in Faculty of Physical Therapy, Modern university for Technology and Information 2016-2017.
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THESIS SUPERVISED

Cervicocephalic Kinesthetic Sensibility Training Combined with Neurodynamic Mobilization in Double Crush Syndrome Patients, Amir Abdel Moneam Mohamed

REVIEWER

- Elsevier (Archives of Rehabilitation Research and clinical translation)
 - Publons, <https://publons.com/researcher/AAL-9222-2021/>, AAL-9222-2021
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PUBLICATIONS

- Effect of H Technique versus X Technique kinesio taping on Mechanical Low Back Dysfunction, 18th International Scientific Conference Faculty of Physical Therapy Cairo, 03/16/17
 - Effect of Transcutaneous Electrical Nerve Stimulation versus Interferential on Lower Limb Pain in Patients with Diabetic Peripheral Neuropathy, European Journal of Applied Sciences, 9, 4, 163-169, 2017
 - The effect of Muscle Energy Techniques versus cross (X) technique kinesio taping to treat chronic low back dysfunction, International Journal of Therapy and Rehabilitation, 26, 2, 1-8, 2017
 - Effect of Task Oriented Approach on Balance in Patients with Diabetic Neuropathy, 9th international scientific conference, Cairo University, 2018
 - Effect of cognitive behavioral therapy on chronic low back pain with sensitization, International Journal of Recent Advances in Multidisciplinary Research, 06, 07, 5067-5072, 07, 2019
 - Influence of prone positioning on gross motor development in children with Spastic Diplegic Cerebral Palsy, Journal of Advanced Pharmacy Education & Research, 10, 3, 2019
 - Influence of sensory integration training on postural instability in elderly with parkinsonian disease following stereotactic surgery, Bulletin of Faculty of Physical Therapy, 24, 90-9, 2019
 - The long-term effect of smartphone overuse on cervical posture and range of motion in asymptomatic sedentary adults, Journal of Advanced Pharmacy Education & Research, 9, 4, 93-99, 2019
 - Influence Of Hyperbaric Oxygen Therapy On Sensorimotor Functions In Diabetic Peripheral Neuropathy: A controlled randomized trial, International Journal of Pharmaceutical Research, 13, 1, 2021
 - Effect of Visual Biofeedback Training on Postural Instability in Chronic Stroke Patients: A Controlled Randomized Trial, International Journal of Pharmaceutical Research, 13, 2, 2021
 - Influence of Cardiorespiratory Fitness on Walking Performance in Chronic Hemiplegic Patients with Myocardial Infarction, International Journal of Pharmaceutical Research, 13, 2, 2021
 - Cervicocephalic Kinesthetic Sensibility Training Combined with Neurodynamic Mobilization in Double Crush Syndrome Patients, Eur. Chem. Bull., 2023, 12, 7, 2957-2969
 - Effect of Task-Oriented Approach on Functional Activity of Daily Living in Guillain Barre Syndrome, Eur. Chem. Bull., 2023, 12, 7, 3031-3039
 - Effect of cold application versus transcutaneous nerve stimulation on chemotherapy induced diabetic peripheral neuropathy post mastectomy, Physiotherapy Res Int, 2023, e2051
 - Effect of Task Oriented Training on Cognitive Function in Elderly Stroke Patients, Frontiers in Health Informatics, 2024, 13, 3, 10595-10602
 - Influence of Electro-Acupuncture on Diplopia in Patients With Oculomotor and Abducens Nerves Palsy, Physiotherapy Research International, 2025, 30:e70074
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QUALITY

- 27/1/2021 till now, Director of the Quality Assurance Unit, Faculty of Physical Therapy – MTI University
- 28/4/2021, Participation within the university's team of internal auditors on the reference standards for Quality Assurance and Accreditation for Faculty of Oral and Dental Medicine, MTI University
- 17/11/2021, Participation within the university's team of internal auditors on the reference standards for Quality Assurance and Accreditation for Faculty of Mass Communication, MTI University
- 2016/2017, Professional Diploma in Management of Quality and Accreditation Systems in Educational Institutions, Ain-Shams University
- October 26 to November 17, 2017, International Training of Trainers, Ain-Shams University
- August 4 to August 13, 2017, Leaders Preparation, Ain-Shams University
- March 10 to 11, 2021, Strategic planning for colleges and institutes of higher education, The National Authority for Education Quality Assurance and Accreditation
- March 23 to 25, 2021, Description of programs and courses and evaluation of learning outcomes for colleges and institutes of higher education, The National Authority for Education Quality Assurance and Accreditation
- March 28 to 29, 2021, Effective teaching and learning strategies for colleges and institutes of higher education, The National Authority for Education Quality Assurance and Accreditation
- 30 to 31 March 2021, Examination systems and student evaluation for colleges and institutes of higher education, The National Authority for Education Quality Assurance and Accreditation
- 10 to 12 April 2021, Self-evaluation of colleges and institutes of higher education, The National Authority for Education Quality Assurance and Accreditation
- 4 October 2021, Quality concept, Quality Assurance and Accreditation Unit, Faculty of Physical Therapy, Modern University for Technology and Information
- 20 October 2021, Job Descriptions, Quality Assurance and Accreditation Unit, Faculty of Physical Therapy, Modern University for Technology and Information
- 13 November 2021, Examination and evaluation systems, Quality Assurance and Accreditation Unit, Faculty of Physical Therapy, Modern University for Technology and Information
- 17 August 2017, Definition of accreditation concepts, Quality and Accreditation Center at the Modern University for Technology and Information
- 24 August 2017, Quantitative Standards, Quality and Accreditation Center at the Modern University for Technology and Information
- 31 October 2017, Standard for Faculty Members and Supporting Staff, Quality and Accreditation Center at the Modern University for Technology and Information
- 18 February 2019, Use of the e-learning system, Quality and Accreditation Center at the Modern University for Technology and Information
- 4 December 2019, Promotion committee rules, Quality and Accreditation Center at the Modern University for Technology and Information

- 1 March 2022, Evaluating the performance of individuals and the impact of academic leadership on others, Quality and Accreditation Center at the Modern University for Technology and Information
- 5 May 2022, Innovative problem solving and crisis and disaster management, Quality and Accreditation Center at the Modern University for Technology and Information
- 21 August 2022, University legal aspects, Quality and Accreditation Center at the Modern University for Technology and Information
- 12 September 2022, Fundamentals of leadership and management, Quality and Accreditation Center at the Modern University for Technology and Information
- 12 October 2022, Change leadership, Quality and Accreditation Center at the Modern University for Technology and Information
- 11 to 13 October 2022, Basic steps in data analysis for international publication, Faculty of Science, Assiut University

CONFERENCES

- Attendance the recognition of protocol of scientific cooperation between the Faculties of physical Therapy Dokuz Eylul university of Turkey and 6th of October University of Egypt, 11/14/99
 - Attendance the Annual Scientific conference of Faculty of Physical Therapy, Cairo University, 2000, 2002, 2003, 2004, 2009, 2016, 2017, 2023
 - Leadership for my colleague in institute of leaders developing in helwan, 07/04/03 to 07/09/03
 - Participation in the conference of higher education and the challenges of development, 11/13/12 to 11/14/12
 - Attendance the 2nd scientific conference of the faculty of physical therapy, October 6 University. Under title 'New era in peripheral nerve lesion', 04/04/13
 - Attendance the 4th annual conference of Egyptian Arabic society for healthy and therapeutic nutrition. Under title 'Nutrition and Cancer', 03/19/15
 - Attendance the 1st international conference for scientific research and its practical application in physical therapy, 10/24/15 to 10/25/15
 - Attendance the 12th National conference of human performance in health and disability, 06/02/16 to 06/03/16
 - Participation in continuing education with the Directorate of Physical Therapy in Cairo, 2016
 - Attendance the 1st International conference for Deraya University, Faculty of Physical Therapy, 02/23/17
 - Attendance the 1st Student forum for Modern University for Technology and Information, Faculty of Physical Therapy, 02/28/17
 - Attendance the 21st Pan Arab Conference on Diabetes, 03/21/17 to 03/24/17
 - Attendance the 4th International Conference for the Arab Society of therapeutic nutrition and complementary medicine, 04/06/17
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TRAINING ACTIVITIES

- Participation in the training sessions in the Quality Assurance and Accreditation Center - Cairo University.
- Participate in a variety of training courses.
- YAT computer certificate in secretary {Word-Excel-PowerPoint-Windows-Internet-Filing skills} (24 July to 20 September 1999).
- Emergency_1st AID (1 to 12 July 2000).
- Sports Injury (1 to 5 September 2002).
- Acupuncture (14 to 18 July 2002).
- ICDL certificate (August 2009).
- Shoulder and Knee Sport Injuries (9 to 30 March 2013).
- Kinesiology Taping (4 April 2013).
- Training program of Clinical nutrition and obesity (27/12/2012 to 7/6/2013).
- Practical requirement in cupping therapy (30 credit hours, 20 to 23 October 2013, grade excellent).
- Training program in Hospital Management (13 to 17 June 2015).
- Osteopathic Manipulation, theory and practice (September 2015).
- Neurodevelopmental Techniques (16 November 2015).
- Physical therapy management for brachial plexus injury (17 December 2015).
- Presentation skills (24 February 2016).
- Kinesio Taping (3 March 2016).
- Gait analysis and training (25 July 2016).
- Quality in health institutes (4 August 2016).
- Importance of osteopathy for rehabilitation team management (2 September 2016).
- Leadership Program (4 to 13 August 2017).
- International Training of Trainers (26 October till 17 November 2017).
- ACL Rehabilitation (2 November 2017).
- Cardiac Rehabilitation (9 November 2017).

REFEREES

Upon Request

UPDATED

6/2025